



The Mount Sinai Medical Center

One Gustave L. Levy Place
New York, NY 10029-6574

The Mount Sinai Hospital
Mount Sinai School of Medicine

Eugene Zitwer Foundation
50 Court Street, Suite 702
Brooklyn, New York 11201
Mary Zitwer Millman
President

January 15, 2010

Dear Ms Mary Zitwer Millman and members of the board,

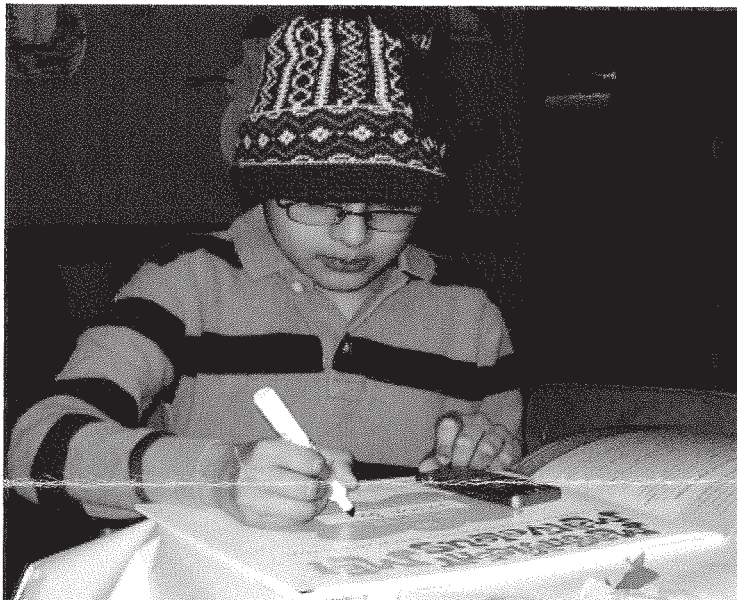
In August of 2009, the Child Life and Creative Arts Therapy Department of The Mount Sinai Kravis Children's Hospital was awarded \$762.50 for the purchase of creative writing books for patients of various ages.

The Art with Heart Foundation www.artwithheart.org has created three creative writing books for children, teens and their siblings each titled: *Oodles of Doodles*, *Chill and Spill* and *Magnificent Marvelous Me*. Through the generosity of the Eugene Zitwer Foundation we were able to purchase:

- 20 copies of Magnificent Marvelous Me
- 20 copies of Oodles of Doodles in English
- 20 copies of Oodles of Doodles in Spanish
- 25 copies of Chill and Spill

The journals provide open ended questions, creative colorful artwork and insightful thought provoking questions geared towards children living with a chronic or life-threatening illness. Each journal provides age appropriate information for children and teens. We are grateful to the Eugene Zitwer Foundation for the continued support to bring programming such as these creative arts journals to our patients. It is through the use of the creative arts that enable a patient to process, express and explore his feelings, reactions and thoughts regarding living with a chronic illness. A specialist will frequently use the journals with a patient in a way that allows for private writing and drawing time in addition to the opportunities to share in session. We find the journals to be a welcomed addition to our programmatic offerings and have had patients benefit from their use this fall.





A patient to highlight is J B-L, an 11yr old boy who lives with a chronic condition. J B-L is required to come to clinic weekly for check ups and medication infusions. He also has regularly scheduled admissions to the hospital. J B-L has expressed the need to be creative to enhance his coping while in the hospital and visits to clinic. In writing this proposal, J B-L is the type of patient we had in mind who would and now has greatly benefited from this resource. The journal enables J B-L to be creative in his process, have fun, be silly and express his thoughts and ideas. He is a young man who loves to be given a blank piece of paper and pencil, so this offering was perfect for him. J B-L enjoys sharing his creativity with staff and this ability to do so give him in return the opportunity for mastery and continued development of healthy self esteem.

Our sincere gratitude to the Eugene Zitwer Foundation for the continued support of pediatric programs in the Child Life and Creative Arts Therapy Department here at The Mount Sinai Kravis Children's Hospital.

Sincerely,



Diane Rode MPS, CCLS, ATR-BC, LCAT
Director, Child Life and Creative Arts Therapy Department



Sharon Granville MS, CCLS, CTRS, NCC
Senior Child Life Specialist, Inpatient Supervisor